

TEDDY BEARS NURSERY

SUN PROTECTION POLICY

Teddy bears is very aware of the damaging effects the sun can have on young skins. However we also realise the importance of vitamin D for children and want them to enjoy sunny days using our outdoor facilities to their full potential. Therefore we aim to protect all the children in our care using safety procedures embedded in our practice while promoting the children's knowledge of sun safety.

OBJECTIVES

- *Protect the children from the dangers of the sun
- *Educate and ensure staff carry out procedures for sun safety
- *Educate the children on the dangers of the sun and how to protect themselves
- *Inform parents of our procedures and liaise with them if necessary
- *Cater for children's individual needs

IMPLEMENTATIONS

- *The nursery will provide a high factor sun cream (30+) to be applied to all children on hot days unless requested by their parents.
- * The nursery requests all children who require sun cream between 8.00 am - 10.00 am to apply sun cream before they arrive on hot days so they can go straight out in the garden with protection in place.
- *The nursery requests all children who attend afternoon sessions apply sun cream before they arrive on hot days so they can go straight out in the garden with protection in place.
- *Parents must have signed the application form to provide their permission for staff to apply sun cream.
- *Any staff member applying sun cream must have had a DBS check.
- *Staff cater for individual needs liaising with parents if a child requires something specific.
- *The nursery encourages children to bring in hats from home but also supply hats to ensure the children always wear one.

*The staff emphasis points such as 'You must keep your hat on in the sun 'or 'Let's sit in the shade its cooler!' Therefore educating the children in sun safety.

*The nursery routine will be changed on extremely hot days so the children are not outside during the hottest part of the day.

*Staff encourage the children to drink more in the heat to prevent dehydration. Water is accessible in the classrooms and outside.

*If the children go outside between the hours of 8-10am sun cream will not be applied in accordance with advice that children need exposure to gain vitamin D. On extremely hot days sun cream will be applied to protect the children.